

ISSUE 67

MAY 2014

THE

OVER KELLET VIEW



OVER KELLET MAGAZINE

75 pence (but free of charge to every household in Over Kellet)

For the June issue, the closing date for news, articles and advertisements is 15th May 2014. All contributions should be sent to the email address: OKView@overkellet.org

Editorial Board: Liz Brewster, Angela Huck & Chris Pogson

BOARD OF MANAGEMENT

Chairs *ex-officio* of the Parish Council, Parochial Church Council
and Neighbourhood Watch

We are grateful to the above organisations for their financial support

We are happy to accept contributions in any electronic form. Our preference is for Microsoft Word with 14 point Arial font and margins set at 1.5cm all round, although anything that can be converted into this is acceptable. Advertisements should be in a form compatible with PC software. Please note that the views expressed in this magazine are those of the contributors and not necessarily those of the Editorial Team or Board of Management. Every care has been taken in trying to provide accurate information, particularly in the Diary, the Directory, on Local Services and bus times. We apologise if any errors creep in; please let us know if you do find any so that they can be amended for next time.

The Over Kellet View is published every month (except January and August) and distributed to all residents within the parish of Over Kellet. It is also to be seen on the village web-site (www.overkellet.org) in a colour version. We are grateful to the webmaster, Gordon Galloway for his expert help.

©2014 Over Kellet View
Meadowbank House, Craggs Hill
OKView@overkellet.org



Front Cover: An increasingly common Village View?

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THE MAY VIEW

Cllr Nick Ward commented in a previous issue that he had noticed lorries going through the village quite late in the evening. Some were empty and some just contained rubble. He wanted to know if anyone else had noticed this.

Well, I for one have. One evening last week I counted five lorries between 8.30pm and 9.00pm going along Kellet Road. Now, contrary to what you may think, I don't make a habit of sitting in the garden counting lorries. It was, however, a still evening, the clocks had changed and the thought of being outside was enticing.

I know the work of the quarry is beginning to build up because of the new road, but the last quarry report stated that transportation for the new road would be via the M6 link road to junction 35. This still leaves the question—where are these lorries going, and why so late in the evening?

I am not naïve enough to think that there will not be any disruption in the village as work on the road continues. But do we have to have disturbed evenings as well?

Please let us know your views on this, and, indeed on any issues with lorries in the village (see our cover photo). Perhaps we should follow the work of the RSPB and, instead of a bird count, have a lorry count instead!

Liz Brewster

P.S. Unless you have been to the dentist recently, you may have missed the most recent issue of Lancashire Life which featured our village with excellent photographs of the vicar and of the school visit to Booths (see page 8). You can see this article by going to:

http://www.lancashirelife.co.uk/out-about/places/meet_the_vicar_of_the_moon_in_over_kellet_1_3530380



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HELP NEEDED

The Over Kellet View needs someone who can help with our accounts and paperwork. No writing is involved—we are fortunate that this is not at all a problem. But we do need someone with computer skills, including Microsoft Word and Excel. The amount of time involved is not great; the work can be done as and when the person concerned so chooses. Volunteers (please!) should contact Angela Huck on 733784 or Chris Pogson on 732892 or email OKView@overkellet.org.

LETTER FROM THE VICARAGE

St Cuthbert's Church
Over Kellet

May 2014

Dear Friends,



THE GALA PIE CHALLENGE

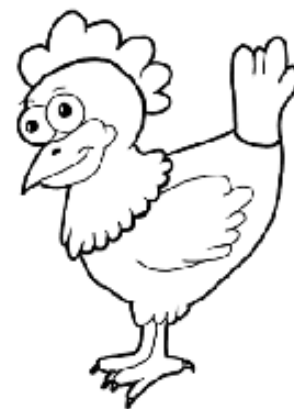


As the hen and the pig looked through the farm gate towards the Church, they saw the following poster on the old notice board:

CHURCH GALA - SATURDAY 2pm-4pm

The hen suggested to the pig that they should help. Both agreed, but how? After some time the hen

suggested a ham and egg pie. "What a great idea" said the pig. The pig began to think about what they had agreed; so, finding the hen across the farmyard, the pig said "I've been thinking about this ham and egg pie for the Gala. You only have to lay one egg, but I've got to give my life; that's unfair." The hen thought for a second and replied saying, "I knew you were never really committed from the start!" The challenge of this story is how committed are you to the Lord Jesus Christ?



We read in Psalms 37 verse 5:

'Commit everything you do to the Lord. Trust him and He will help you!'

Next time you see a Gala Pie in the supermarket, it's a challenge as to your commitment to our Lord Jesus Christ, His Ministry and Mission here in Over Kellet.

Your friends,

The Rev. Ken and Sue Clapham

Open all hours

The Rev Ken and Sue are available for ANY parishioner or visitor to our parish who is ill or in need at home or in hospital. If you have a question, comment or suggestion you would like to share, please contact Rev. Ken on 734189 or 07663 794459.

Welcome to our newly elected Churchwardens, Joan Shaw and Mike Morris and to our newly elected PCC members. Please introduce yourselves to them.

WEATHER DATA FOR MARCH 2014

As I sit down to start this month's article I can tell that spring has arrived. Out in the garden the daffodils are in full bloom, closely followed by tulips; gardeners will now be making plans to plant the first crop of early potatoes. Looking back over the 7-day barograph charts, I note that, towards the end of the month, the pen lines on the charts were straighter indicating increased stability in the atmosphere. Gardens and villagers too will have noticed the mild weather conditions during the month. From the records I hold and looking at the months of January, February and March 2014 there were only six occasions when the night time temperature fell below 0°C (32°F). The weather records for the month indicate that no records were broken and it is with some relief that I am able to report that the rainfall figures are close to the 10-year average.

During the month we had 19 rain days giving a monthly total of 62mm, just above the 10-year average of 59mm. The wettest 24h period was over the 6th and 7th with 14mm. In the sunshine stakes the village did much better—during the month we had 26 sun days giving a total of 120h, slightly above the 10-year average of 118h. The sunniest 24h period was over the 11th and 12th with a creditable 11.2h; combining the sun hours for the period 10th–13th we had 31.1h. The coldest night of the month was that of the 10th when the temperature fell to –4.3°C (24.2°F) and the warmest day was the 31st with a temperature of 16.7°C (62°F).

Looking back in my Weather Diary, I noted that on the mornings of the 12th, 13th, and 14th we had quite thick fog which only cleared in the afternoons. On the morning of the 22nd I awoke to see the garden and backfield covered with a thin coating of hail and noticed the barometric pressure had fallen to 991mbar. Over the Furness Peninsular a large 'Hammerhead' cloud (cumulonimbus) had formed, a sure indication of temporary instability in the atmosphere.



Cloud Watcher

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PARISH COUNCIL—APRIL

The returning spectre of a wind turbine at Birkland Barrow brought more than 30 members of the public to April's Parish Council meeting. Following an appeal against the refusal of planning permission for the 79.6m turbine, residents were keen to ensure their views were heard by the Parish Council.

Parishioners waited patiently through correspondence received, the monthly report of 'Police and Community Together' and seven other planning applications before Cllr John Crewdson introduced the Birkland Barrow appeal, making it clear that the Parish Council was "strongly opposed". He explained to the audience that the earlier comments of residents expressing "almost universal opposition" would be taken into account by the Planning Inspectorate whose role it was to rule on the appeal. However, he said that the Parish Council would be sending additional comments in opposition. Comments would include:

- reference to ministerial statements which indicated that on-land wind turbines were not going to be as "well-supported" by Government as in the past;
- the continuing opposition of National Air Traffic Service on the basis of the impact on navigation; and
- reports from Tourist Boards highlighting a drop in bookings due to the visual impact of turbines on the landscape.

Cllr Crewdson invited comment from the audience. Residents expressed concern about the effectiveness of the screening, the adverse impact on low-flying aircraft and on the character of the landscape and the effect on television signals. It was reported that some residents of Windemere Road in Carnforth were experiencing a constant flicker on screen from the quarry turbine.

City Councillor Roger Mace urged residents to write to the Inspector if they objected to the turbine. Unfortunately, he didn't "hold out much hope" of success. Letters of objection, or in support, had to be sent to the Planning Inspectorate by 17 April.

The publication of Lancaster City Council's Strategic Housing Land Availability Assessment (SHLAA) also provoked discussion (See www.lancaster.gov.uk/shlaa). The report identifies two areas for potential housing development—the derelict barn on The Narrows (four houses) and land north of Winder Garth, off Kirkby Lonsdale Road (83 houses). Cllr Graham Agnew pointed out that if there were a planning application for these plots, "Lancaster City Council would look on it quite favourably". Cllr Mace advised residents to put in an objection if they were against the proposals. The Parish Council could see no demand for additional housing in the Village so it was agreed that Cllr Crewdson would draft a suitable response.

The full minutes of this meeting are available at www.overkelllet.org and on display on Village notice boards.

The next meeting takes place on Tuesday, 13 May at 7.15pm at Wilson's Endowed C of E School and will incorporate the annual meeting. All Parish Council meetings are open to the public.

Angela Huck

OVER KELLET NEIGHBOURHOOD WATCH



I need to write about passwords this month. You may have heard on radio or television about the 'Heartbleed' bug and then have wondered whether or not it might affect you. The answer is 'probably not' but it is possible that there will be consequences if you do nothing. About one in six of the Internet's secure web servers (including Amazon and Yahoo) are believed to have been vulnerable to the attack, allowing theft of the servers' private keys and users' cookies and passwords. The important word here is 'passwords', and this is the key as to what you should consider doing. This is nothing to do with virus or similar attacks and your antivirus programs will not protect you.

It is good practice, although seldom followed, to change your passwords every few months. This is especially important for passwords relating to financial or other personal matters. Investigations have shown that most computer users are very casual about security, either having no passwords or passwords like '12345678', '00000000' or 'password'. Not surprisingly these are easily broken by ill-intentioned hackers. Hackers use programs themselves to try to 'guess' passwords. These programs can search a dictionary-full of words in a few seconds, but take a lot longer to work out random series of characters. Those with more complex passwords are less likely to be attacked. Examples might be QWl8Jd@k*F or =Ë*ëó`¿Mmr. Not very memorable but that is the point. But it is very easy to make mistakes and to find yourself locked out. And if you have many passwords, as often happens these days, life with the computer could become a little difficult. For most of us, though, we prefer to have something a bit more easy to remember. So, how about Anemo@Ne47—not easy to break with its mixture of upper- and lower-case letters and the '@' sign, but not too hard to recall. In the real world we need to keep track of our passwords. The advice to keep all passwords in our memories and not to write anything down is clearly unrealistic, so what should we do? You can keep a notebook but will probably find that it becomes a bit disorganised quite quickly, even if you don't mislay it at crucial moments. A good alternative is to keep them on your computer. But, I hear you say, that's crazy—just the place where the hacker will find them. There are, however, several programs that are free, store your passwords in easily searchable folders and have the highest level of security themselves. They will even invent new passwords for you. Examples, among many which you can download, are KeePass (the most popular), LastPass, Roboform and PasswordBox. Think about it. Is it worth the risk?

Chris Pogson

PS. Our coffee morning on a rainy and cold Saturday morning was not a great success with takings of only around £40. Local Government had to pay for Trading Standards and Environmental Health to attend and Fire & Rescue came as well with a fire engine—not cheap either. We can't expect them to come very often and need a source of funds. Any ideas? Most, if not all, house insurers these days give a discount (£20 or so) for houses in a Neighbourhood Watch area, so less than £1 per annum per household is not much to part with to keep us going.

WILSON'S ENDOWED SCHOOL NEWS

Football Champions!

Two teams from our key stage two classes (juniors) won the Lune Valley inter-school football tournament in April. The pitch behind Arkholme Village village hall was filled with teams from small schools across the Lune Valley, as far apart as Caton and Melling. The event was hosted by Arkholme School and organised by Arkholme teacher, Emma Muckalt. The emphasis was enjoyment and fair play, with all teams supporting one another. Trophies and medals were awarded to our winning players for coming first in the two different competitions for each age group.



Hairy Bikers are Hatched in Over Kellet!



The Hairy Bikers are long standing friends of the pupils at the school. So much so that this Easter, they have even featured in the school's decorated egg competition! Year 6 pupil Rhiannon Mawby made a background with a signpost to Barrow, Newcastle and Over Kellet and two egg bikers placed on cardboard bikes! We have emailed the photo to Dave Myers.

Other winning entries included everything from Woody of Toy Story to 'Eggy the Eagle' carefully placed on a cardboard ski slope and a recreation of all the planets of the solar system. Former school governor and Over Kellet resident, Margaret Mosey, had the unenviable task of selecting winners from each year group. She had to judge the ideas behind the egg as well as the care that had gone

into producing the many 'egg-citing' creations. Judging over, the eggs were displayed for parents and children to view and large chocolate Easter Egg prizes were kindly donated by Rayrigg Motors.

Booths Supermarket in Milnthorpe supports pupils' learning!

After a visit to the school by Booths Supermarkets' Executive Chairman, Edwin Booth earlier this year, the children were invited to a behind the scenes tour of one of Booths' newest stores in Milnthorpe, visiting storerooms, recycling areas and offices as well as the different departments on the shop floor. They had the opportunity to learn about how their food reached the store, taste local produce and find out about the varied jobs that are needed to run an efficient, modern supermarket. They also had a recipe challenge to fill a shopping basket with ingredients for flapjack. Their challenge focused on finding ingredients with the least food miles, lowest cost and to the nearest weight that the recipe required. It was a most rewarding learning opportunity and we are grateful to Will Hird, one of our dads and admin manager at the store, who ensured a really successful morning.

Jo Williams, Headteacher

FROM OVER KELLET SCHOOL 1937



This photograph was kindly supplied by Vivien McCormick and was taken in 1937. Joan Galloway from Wilson House has lived in Over Kellet for 81 years. She identified these former pupils as follows:

Back row (from left): 3rd Lionel Mass, 9th Joyce Metcalfe

2nd row (from left): 3rd Mary Stephenson, 5th Doris Nicholson; 6th Frances Hunter, 8th Reggie Bibby

3rd row (from left): 1st Cathy Birkett, 2nd Edith Stephenson

Front row (again from left): 3rd Albert Jackson, 4th Dennis Lambert (possibly), 5th Edward Stephenson

From last month's issue, we also know that Shelia Taylor is the one on the far right of the 4th row, and Alan Fawcett is first from the left on the back row. Any more identifications, please, or other old school photos?

Sam Watson
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OVERHEAD COTTAGES

Overhead Cottages are almost the first houses you meet on the left going to Capernwray from Over Kellet, just around the bend a little over 200m beyond the Diving Centre.

The name Overhead Cottages suggests the question "Why?"

They were once known as Railway Cottages, but, before that, they were a smithy. When they were Railway Cottages, there were other cottages further along the road beyond New England which predated them as Overhead Cottages. Although they are no longer there, there are indications of their existence in the walls near Rose Cottage.



Capernwray Diving Centre was known in the past to most locals as Jackdaw Quarry because of its avian residents, but officially it was Overhead Quarry. It is presumed that the quarry owned the cottages at New England, and that when they had fulfilled their useful life, they had them pulled down. Having purchased the old smithy to replace them, they transferred the name of Overhead Cottages.

Behind the smithy there was a dock, from which stone from Overhead Quarry was loaded onto the canal for shipping away. To bring the stone from the quarry there was a small railway, not "overhead" as might be guessed, but a narrow-gauge set of trucks drawn by pony power.

Roger Griffiths, who lived at Overhead Cottages, said that signs of the dock can still just be made out from the canal towpath, and that, in his lounge, there was a square flue to the fireplace which used to be part of the smithy. In another part of the room, removal of concrete and a covering of boulder aggregate revealed a floor consisting of stones set on edge like setts or cobbles. In them, were also stone slabs where the ponies stood when not working.

If your house has an unusual name, or if you know a story about other unusual names or houses in the village, please let us know and we'll try to feature it.

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VILLAGE WALK—BURTON-IN-LONSDALE

This 6-mile walk is on OS map OL2 and starts from the main road A687 at about Grid Ref SD722652. You can park in Manor Close, almost opposite the church. Head east through the village as far as the left fork, Ireby Road, and follow it with care as there is no pavement. Keep left at the next fork and continue as far as the track on the right signed to Whitber Farm (SD655731), then, at the gate, continue ahead past the barn and across fields to Bideber Mill (SD660739). Go through the garden and follow the lane ahead under the old railway. Immediately after the bridge climb the stile on the left, and continue over the hill and down to the A65 at SD662745. Cross the road and continue towards Maisongill, walking through this pleasant hamlet—known as a place visited by Arthur Conan Doyle, the originator of Sherlock Holmes—as far as the telephone box (SD664754). Walk across the fields to the access drive for Over Hall at SD656757. Turn left and continue through Ireby, another pleasant hamlet. Beyond the turning to Leck, turn right up a lane to a bungalow and enter more fields. At the second, bear half-left down to the A65 (SD650752). Follow the lane leading to Ireby Hall Farm and then the path across the fields to Stainderber, Gallaber and back to Burton-in-Lonsdale.



WALK—SETTLE LOOP

From Langcliffe (SD821650) drive up the Malham Road and park at SD829653. Follow the track eastwards passing Jubilee Cave and to the north of Langcliffe Scar. After about 3 miles Malham Tarn comes into sight just to the left at about SD875652. Shortly afterwards, at SD881649, the route turns south-west and goes through the Grizedales and then downhill quite steeply to near Stockdale Farm (SD853639). The track then runs below the impressive scars and into the Nature Reserve at Attermire.

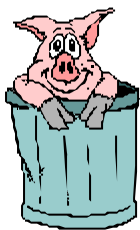


Beyond Warrendale Knotts (picture) the path gives a view over Settle and Giggleswick before turning north and back to Langcliffe. The loop is just under ten miles and is covered on OS map OL2.

THE DIARY

Regular Weekly Events

| SUNDAYS | | |
|-------------------|--------------------------|-------------------------------------|
| 0845 | Every Week | Holy Communion |
| 1030 | 4 May, 1 Jun | All Age Worship & Sunday School |
| 1030 | 11 May, 8 Jun, 29 Jun | Morning Worship |
| 1030 | 18 May, 15 Jun | Morning Worship with Communion |
| 1030 | 25 May, 22 Jun | Morning Worship, Methodist preacher |
| MONDAYS | | |
| 0900 | Weekly (not 5, 26 May) | Playgroup 2–4 Years |
| 1330 | Weekly (not 5, 26 May) | Indoor Bowls |
| 1800 | Weekly (not 5, 26 May) | Zumba Fitness |
| 1930 | Weekly (not 12 May) | Scottish Dancing |
| TUESDAYS | | |
| 0900 | Weekly (not 27 May) | Playgroup 2–4 Years |
| 0900 | Weekly (Schooldays only) | Playgroup – Toddlers (School) |
| 1400 | Weekly | Short Tennis |
| WEDNESDAYS | | |
| 0900 | Weekly (not 28 May) | Playgroup 2–4 Years |
| 1400 | 7, 21 May; 4, 18 Jun | Galloways Society |
| 2000 | Weekly | Badminton |
| THURSDAYS | | |
| 0900 | Weekly (not 29 May) | Playgroup 2–4 Years |
| 1930 | 8 May, 12 Jun | WI |
| FRIDAYS | | |
| 0900 | Weekly (not 30 May) | Playgroup 2–4 Years |
| SATURDAYS | | |
| 0930 | Weekly (not 17 May) | Pilates |



REFUSE COLLECTION IN MAY AND JUNE

Grey bin: May 5, 19; June 2, 16, 30

Green bin & recycling boxes: May 12, 26; Jun 9, 23



| MAY | | | |
|-----------|----|-----------|--|
| Sunday | 4 | 1330 | Village Walk—Barton |
| Thursday | 8 | 1930 | WI Spring Supper (Talk by Tricia Berry 'Meals in Minutes') |
| Tuesday | 13 | 1915 | Parish Council Meeting (School) |
| Wednesday | 21 | 0900 | Walking Group—Bigland Barrow |
| Thursday | 22 | 0700–2200 | Election |
| Saturday | 31 | 2000 | Folk Music—'Risky Business' (doors open 1915) |
| JUNE | | | |
| Sunday | 1 | 1330 | Village Walk—Great Knott Wood |
| Tuesday | 10 | 1915 | Parish Council Meeting (School) |
| Wednesday | 11 | 0900 | Walking Group—Brimham Rocks |
| Thursday | 12 | 1930 | WI (Talk by Mrs Margaret Wellock 'India—Guiding and Community Work') |
| Saturday | 21 | | Visit by Coach to Arley Hall—Gardens, Hall & Flower Festival |

All events take place in the Village Hall unless otherwise stated.

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NATURE NOTES

Now is the time for the early summer visitors to start arriving. Some swallows are already here and chiffchaffs have been heard singing at Leighton Moss. Many other migrants will be arriving in the next few days—blackcap, garden and willow warblers. The breeding season has already begun. The bearded tits at Leighton Moss are

©Chris Thomas



already on eggs as are the long-tailed tits. These early breeders will do well if this spell of fine weather continues as the parent birds will have little difficulty in finding food for their youngsters, most of which feed on small invertebrates.

Swifts are having problems in gaining access to their nesting sites under the roofs of older tall buildings like those in Market Street and also smaller buildings like the 'Eagles Head' in the village. An effort is being made nationally to persuade owners to

adapt their buildings to make life easier for the birds.

The male red deer at Leighton Moss are very active and are calling to attract mates. They are a fine sight at this time of the year, but do keep clear of them!. The otters are also quite active at this time of year, best seen from the Lower Hide very early in the morning.

Hedgehogs should be emerging from hibernation at about this time. It is very sad how many of them become road casualties as it is causing a marked decline in the population.

It has been such a mild winter that many species which normally succumb to the cold have survived and, if the weather remains good, there should be an abundance of wildlife this spring.

Thank you to those of you who sent details of the Big Garden Birdwatch at the end of January. Here are the totals from five gardens.

| | | | |
|---------------|----|-----------|----|
| House Sparrow | 21 | Goldfinch | 14 |
| Chaffinch | 13 | Blue Tit | 12 |
| Blackbird | 11 | | |

Also present were, in no particular order, bullfinch, great tit, coal tit, robin, dunnock, redpoll, greenfinch, siskin, magpie, collared dove, starling, jackdaw, jay, woodpigeon and pheasant.

There should be plenty of frogspawn in garden ponds and very soon an abundance of tadpoles. Toads and newts should have survived the winter well and there should be lots of those about too.

Andrew Cadman

BUSINESS VIEW—JAMES HAKE CERAMICS



This month James Hake from James Hake Ceramics introduces his business.

What does the business do? I design and make studio ceramics. Nearly all of my work is made on the potter's wheel and ranges from small espresso cups to large platters. My work is decorated with oriental style glazes which are mixed by hand from my own recipes. Once glazed all work is fired to 1300°C in a gas kiln.

I sell my work though galleries, direct to the public at ceramics fairs and from my new studio in Over Kellet.

I have also taught ceramics at Manchester Metropolitan University and Cumbria Institute of the Arts.

What is your role in the business? It's just me so I do nearly everything!

How long have you lived in Over Kellet? My partner Emma and I and moved here in 2009; we were originally both from Kendal.

What do you enjoy about your work? Definitely the creative side—throwing at the wheel, glazing and firing the kilns etc. I enjoy all aspects of the design and making process where no two days are the same.

I also enjoy the more social aspect of my job, meeting customers and collectors at ceramics shows.

In May and June this year my studio will be open between 11am and 5pm as part of the Lunesdale Studio Trail www.lunesdalearts.co.uk. Everyone is welcome to visit me throughout this time. The dates are:

May 24, 25, 26, 31; June 1, 7, 8

Visitors are welcome at other times but it's best to email or call first to make sure I'm there.

What do you like doing when you aren't working? Emma and I enjoy walking, watching Nordic noir—and looking after our new son Joseph (6 months) keeps us busy.

Can you name one business in Over Kellet you would recommend and tell us why? M & M Feeds—our cat absolutely loves the cat biscuits he sells.

What do you like about living & working in Over Kellet? It's a friendly working village in a beautiful part of the world.

The Business View is a free feature for businesses in Over Kellet and Capernwray. If you would like to see your business featured, please email okview@overkellet.org.

FOLK MUSIC COMES TO OVER KELLET



Risky Business first started playing together over 20 years ago. They were much celebrated and then took a break, they are now back with a bang entertaining audiences with the same quality sound that was enjoyed all those years ago.

The band consists of **Ruth Powell**, her husband **Ken** and **Dave Walmisley**.

Ruth has a beautiful soaring voice which dare I say has got better with age whilst **Ken** has a reputation for being a dedicated guitarist as well as a burgeoning career as a serious guitar maker.

Dave is a talented multi instrumentalist, singer and songwriter with a great ear for harmonies.

This is the first of a number of Folk music evenings planned for **Over Kellet Village Hall** and it all starts on **Saturday 31 May** with this outstanding trio and support act.

Tickets are £8 each and are available from Anne or Dave on 07780781073.

Please bring your own alcohol and glasses.

Tea, coffee and soft drinks will be available for purchase on the night plus hot roast beef and onion baps or cheese and onion baps.

The evening starts at 8pm, doors open 7.15pm.

Anne and Dave Jones

SHOES AND COW-PATS—MEMORIES OF A DISTRICT NURSE

Berating my granddaughter recently for walking home from a party with her shoes in her hand I heard myself saying “If you wore sensible shoes in the first place, you wouldn’t have to take them off to walk home. They can’t possibly be comfortable.”

You could write the script.

Anyway, it did remind me of an encounter with ‘non-sensible shoes’ in my early district nursing days.

We younger nurses hated the black stockings and black lace up shoes. Our older colleagues thought we were ‘forward and unprofessional’ to want to change anything about our traditional uniform. We’d won the battle of the bicycle and now nearly everyone had a little white mini-van. We were determined to win this battle. After many meetings and clashes of opinion we reached a compromise with our senior colleagues.

“Light-coloured stockings and shoes could be worn in the summer months, if desired”
Victory!

There was some dispute as to ‘summer months’ so we decided that, for the sake of argument, we would begin our risqué adventure at the start of official summer time in March. It was freezing.

Undaunted three of us arrived in our American Tan stockings (no tights then—they were considered unhygienic) and brown slip-on shoes. We sat as near as we could to tepid radiators whilst the rest of the team sat smugly in their thick (and warm) black stockings and ‘sensible shoes’.

I managed the day without being called racy or unprofessional. The only comment was from a dear old gent who said “Eh lass, thy legs fit them stockings well”.

My last call was to a farm in Quernmore. I had spoken to the lady of the house, presumably the farmer’s wife, before I left. No mobile phones in those days and so I was mentally repeating the directions—“Drive up to t’ farm gate. If cows are in t’ yard, just come up t’ door. If they’re in t’ field just ignore ‘em but be sure to shut gate.”

Simple enough, surely. To be absolutely sure, I made up a little ditty and sang it to myself as I drove to the farm. “If cows are in t’ yard, shut door, if cows are in t’ field, ignore.” It must have worked because I still remember it now!

As I drove up to the farm I saw a load of cows happily grazing. That made things simple. I pulled up to open the gate but, before I could get out of the van, two very large cows (in the telling afterwards they were bulls) came trotting to investigate me. Not sure what to do I hunted in my lunch box for left-overs and offered the remains of a tuna sandwich. Not a good idea. With the speed of light the once peaceful grazing herd stampeded to my little van. I wound the window up as fast as those awful windy things will allow and sat there completely surrounded.

After what seemed an eternity one or two wandered off, presumably giving up on more tuna. A few remained to continue licking the side mirrors, door handles and windscreen. And I sat there wondering what to do.

There didn't seem to be as many on the passenger side, so I reasoned that, if I got out at that side and made a dash for the gate, I should do it. I climbed into the passenger seat causing a not-inconsiderable injury to the gear stick and opened the door. I stepped over and into several cow-pats—and broke the sound barrier in the dash for the gate. Safely on the other side, I turned to Nah-de-da Nah-da at the cows only to see to my horror my new brown leather slip-on shoes sitting snugly in the last cow-pat.

I thought help was at hand when a voice behind me shouted, "Come in, lass, kettle's on. John, nurse is 'ere and she's not same as last week. This 'un's reet young and bonny. And you know what, she i'nt wearing any shoes!"

Liz Brewster

NOW AVAILABLE

*The Life and Art of Roy Clapp:
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You can now obtain your copy of this story of one of Over Kellet's most interesting and enigmatic characters. A handsome, hardback book, fully illustrated in colour throughout, it is available from the *Carnforth Bookshop* (£25) or from *Marius Press* (£20, delivered free within the Kellets and immediate vicinity, accompanied by an invoice: phone 01524-733027 or email books@mariuspress.com).

Copies signed by Jill are available directly from her at *Halls Cottage* (£20, cash or cheque).



Carol M Sedgwick
podiatrist

Carol M Sedgwick

BSc (Hons), HPC, MChS, MInsChP
Podiatry & Chiropody

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THE 200 CLUB

The result of the draw for March was:

| | |
|-----------------------|----------------------|
| 1 st (£25) | Mr G Galloway (78) |
| 2 nd (£15) | Prof J Crewdson (15) |
| 3 rd (£10) | Mr G Smith (177) |

Congratulations to all our winners.

Apologies to our readers for the two bloopers in last month's issue. The cost of a subscription is, of course £6 per year not per month. And extra apologies to those in Church Bank for my calling their road Church View. On the positive side, the number of people who have brought these errors to my attention indicates that we have some readers at least. That being said, I will repeat my invitation to anyone who is not a subscriber to become one, and to those who already are, to consider having more numbers and increase their chances of a win. And to get it right for once, that means 36 prizes each year for a subscription of only £6. Contact me at Meadowbank, Craggs Hill, phone 732892 or email chris@overkelllet.org.uk.

Chris Pogson

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What is Shared Lives?

Shared Lives involves caring for an adult in your family home, someone who cannot live with their own family or live on their own. It involves family-based care provided by individuals or families, enabling adults to share in family and community life, as well as supporting them to develop their strengths, abilities and independence. Sometimes service is provided in the person's own home, as day support, as breaks for unpaid family carers, as home from hospital care and as a stepping stone for someone who wants to get their own place.

People who require Shared Lives support come from a variety of backgrounds and may be adults with a learning disability or older adults. An extensive matching process is put in place between the carer and the person to be placed.

Our carers come from many different backgrounds and no formal qualifications are required. What really matters are your personal qualities—you need to be patient, positive, flexible and have a person-centred approach.

To find out more about the benefits and rewards of becoming a Shared Lives carer, give us a call on 01257 516036 or email sharedlives@lancashire.gov.uk

Have you something you no longer need and are happy to give it to someone who will make use of it? Bread makers, old garden tools, electronic gadgets of all sorts? Even small items like mugs you don't use any more. Send the details to the OK View and we'll advertise it for you, free of charge.

Steve Bailey
Painter & Decorator Ltd

4 Stonecroft Drive, Warton, Carnforth, LA5 9PX
Tel: 01524 733188, Mobile:0788 423 8080

WHAT'S ON

What's coming up in May?



THEATRE:

On Tuesday 20th and Wednesday 21st "**Morecambe**" returns to the Dukes at 7.30pm. It's a heart-warming, tear-jerking, laughter-inducing story of the man what brought us the sunshine—Bob Golding as Morecambe is quite extraordinary. Box office 01524 598500 or www.dukes-lancaster.org

If George Formby is more to your taste, you can catch Ewan Wardrop as George at the Grand on Tuesday 20th at 7.30pm. It is a funny and thoughtful look at the life of an essentially ordinary man with an extraordinary talent and features many of his classic hits. Box Office 01524 64695 or www.lancastergrand.co.uk

Music:

If an indulgent afternoon concert of piano music by Bach, Beethoven, Mendelssohn, Schumann, Chopin and Liszt fits the bill, then hear them at the **Heron Theatre** on Sunday 4th at 2.30pm, performed by Chetham's students—the stars of tomorrow!

At the **Brewery Kendal** on Friday 9th at 7.30pm you can enjoy one of the champions of English folk-rock, **Fairport Convention**. After five decades at the top of the traditional music tree, they remain one of the best live bands around. Box Office 01539 725133 or www.breweryarts.co.uk

The Promenade Concert Orchestra is presenting a **Housewives Choice** programme to celebrate the famous and popular radio programme on Sunday 18th at 3pm at the **Platform**. There will be a selection of evocative music from the 1930s onward with pieces chosen by members during this season; soloist Valerie Baulard will sing some light vocal numbers with the orchestra. Ticket line 01524 582803 or www.lancaster.gov.uk/platform

FOR LITTLE PEOPLE:

On Monday 26th at 11.30am and 2.30pm little people accompanied by big people can see **Dotty The Dragon** at the **Platform**. Dotty is a baby dragon who loves children. She lives on a mountain with her grumpy dad and loves to look down at them and one day decides to pay them a surprise visit..... This is an enchanting adventure with a very happy ending, perfect for ages 3 to 7. Contact details above.

FINALLY: At the **Dukes** there are both recorded and live-by-satellite plays. On Wednesday 14th at 7pm there is a live transmission from Stratford-upon-Avon of the RSC's **Henry 1V Part 1** with Antony Sher as Falstaff. On Monday 5th, Sunday 11th, Thursday 15th and Saturday 31st you can see Simon Russell Beale in the title role of Sam Mendes' recorded production of **King Lear** at the National. For a phenomenal combination of story-telling and spectacle you can experience **The Curious Incident of the Dog in the Night-time**, based on Mark Haddon's novel, on Thursday 22nd and Sunday 25th at 7pm. A real tour de force from the main actor, not to mention the strong supporting cast. For contact details see above.

LOCAL SERVICES

Over Kellet

| | |
|--|---------------|
| Village store and Post Office, The Green | 733207 |
| <i>Last post collections: weekdays 1700, Saturday 1100</i> | |
| The Eagle's Head Public House, Nether Kellet Road | 732457 |
| Mobile fishmonger, David Goldspink, Wednesdays 0900-1100 | 07706 585933 |
| Mobile library May 1, 22, June 12 | 0300 123 6703 |

Carnforth

| | | |
|-------------------|---|---------------|
| Doctors | Ashtrees Surgery, Market Street | 720000 |
| | Out of Hours Service | 111 |
| | Park View Surgery, 21 New Street | 732830 |
| | Out of Hours Service, CHOC | 03000 247 247 |
| Dentists | Anne King, Council Buildings | 733867 |
| | Viva Dental, 29 Market Street | 735431 |
| Pharmacies | Boots Pharmacy, 24 Market Street | 732955 |
| | Co-op Pharmacy, 9 Market Street | 732712 |
| | Ashtrees Pharmacy, Market Street | 727877 |
| Vets | Alison Lee, 2 Queen Street | 735249 |
| | Burch Tree Vets, 39 Lancaster Road | 720002 |
| Opticians | Philip Jones, 15 Market Street | 730055 |
| | S & K Butterfield, 46c Market Street | 732724 |
| Library | Lancaster Road | 0300 123 6703 |
| | <i>(Mon & Fri 0930–1300 & 1400–1900; Tuesdays 0930–13.00; Wed 0930–1300 & 1400–1630; Sat 0930–1215)</i> | |

BUS TIMES: OVER KELLETT to LANCASTER (Note that these are a guide only—do check!)

Route 55/55A via Carnforth (journey time approx. 40min; *Sch* = schooldays)

Depart OK: Mon-Fri: 0719, 0733 (*Sch*), 0747, 1605 (*Sch*), 1650, 1735

Depart Lancaster: Mon-Fri: 1520 (*schooldays*), 1610, 1655

Route 51 from OK Green via Village Hall & Nether Kellet (journey time 22min)

Depart OK: Mon-Fri: 0919, 0939 then hourly to 1539, 1826, 1913, 2038, 2138, 2338

Saturday: As above but with 0839 instead of 0919.

Sunday: 0938, 1138, 1338, 1538, 1738, 1938, 2138, 2338

Depart Lancaster: Mon-Fri: 0910, hourly to 1410, 1510 (*not schooldays*), 1740, 1910, 2010, 2210, 2400

Saturday: As above but with the addition of 0810 & 1608

Sunday: 1010, 1210, 1410, 1610, 1810, 2010, 2210

BUS TIMES: OVER KELLETT to CARNFORTH (journey time 10min)

This service is **Route 51** above with the bus from Lancaster travelling on to Carnforth after Over Kellet, so **add 22min** to the departure time from Lancaster to get the departure time from Over Kellet. Similarly **subtract 10min** from the Over Kellet departure time for Lancaster, to get the departure time from Carnforth. See also **Route 55/55A** above which goes to and from Lancaster via Carnforth.

OVER KELLET DIRECTORY

LOCAL AUTHORITY REPRESENTATIVES

COUNTY COUNCIL

Councillor Susie Charles 751200
The Stables, Ellel Grange, Lancaster

DISTRICT COUNCIL

Councillor Roger Mace 733801
Downderry, Halton Rd, Nether Kellet

www.maceonline.co.uk

PARISH COUNCIL

Meet at 7.15pm on 2nd. Tuesday of month

Chairman John Crewdson 735028

Vice Chair Graham Agnew 733407

Steven Atkins 720605

Margaret Fowler 720578

Nick Ward 733947

Clerk Michael Watson 734624

12, Ashmeadow Rd, Nether Kellet

mjow.nkc@zen.co.uk

NEIGHBOURHOOD WATCH

Police Station, Lancaster 63333

PCSO: Paul Shepherd

Paul.Shepherd@lancashire.pnn.police.uk

camforth.npt@lancashire.pnn.police.uk

Coordinator Chris Pogson 732892

Asst. Coordinator Alison Lloyd Williams 734363

Area Coordinators:

Central Rex Woolstencroft 733965

Kirklands Tony Wells 733848

Western Bev Carling 736393

Eastern Jane Meaden 732456

Far Eastern Chris Pogson 732892

Northern Eric Greenough 734479

Southern Alison Harper 734372

Northeast Ray Garlick 730667

Capernwray Ken Aldred 07786803235

QUARRIES LIAISON OFFICER

Nick Ward 733947

FOOTPATHS and TREE OFFICER

Ron Oswald 736523

PARISH LENGTHSMAN

Mike Ashton - report problems to Cllr Fowler

St. CUTHBERT'S CHURCH

Vicar Ken Clapham 734189

Treasurer John Glaister 733606

Secretary Amanda Morris 734246

VILLAGE SCHOOL

Headmistress Jo Williams 732097

WOMENS INSTITUTE

Joint Presidents Christine Bolton 735030

Sylvia Cooper 733524

Secretary Lindsay Angus 734964

Treasurer Sheila Cooper 733787

VILLAGE HALL

Playgroup phone 730904

Chairman Chris Pogson 732892

Secretary Liz Brewster 733877

Treasurer Helen Thomas 735504

Bookings Sec. Lesley Gee 07754850532

Licensee Liz Brewster 733877

Maintenance Helen Thomas 735504

WI Sylvia Cooper 733524

Bowls Lindsay Angus 734964

Parish Council John Crewdson 735028

OKDHS Mike Bater 732380

Church Lindsay Angus 734964

Playgroup Amanda Morris 734246

Friends of School Amanda Morris 734246

Organisers of Activities

Badminton Geoff Fretwell 736771

Blind Welfare Sheila Roseman 850875

Bowls Lindsay Angus 734964

Scottish Dancing Maureen Haynes 733431

Short Tennis Joan Shaw 736503

THOMAS WITHERS CHARITY

Secretary David Mills 732194

OK & DISTRICT HORTICULTURAL SOCIETY

Chairman Arie Klijn 727692

Secretary Kath Escolme 732246

Treasurer Margaret Garlick 730667

WALKING GROUP

Contacts: David Hasted 733039

Ron/Lorna Oswald 736523

PLAYGROUP

Leader Jackie Bassinder 720433

TWINNING ASSOCIATION

OK Contact: Vacant

Chairman: Frank Simpson 732323

COMPUTING OK WEBSITE:

[www. overkellet.org](http://www.overkellet.org)

Updated info. to: Gordon Galloway 720872

OK VIEW (VILLAGE MAGAZINE)

Editors Liz Brewster 733877

Angela Huck 733784

Chris Pogson 732892

200 Club Liz Brewster 733877

EAGLE'S HEAD PUB

Gary & Helena Torch 732457

VILLAGE STORE AND POST OFFICE

Owners: Craig & Tracy Burns 733207