

ISSUE 75

MARCH 2015

THE OVER KELLET VIEW



Price £1.00 (*but free of charge to every household in Over Kellet*)

For the next (April) issue, the closing date for news, articles and advertisements is 15 March 2015. All contributions should be sent to the email address: OKView@overkellet.org

Editorial Board: Liz Brewster, Angela Huck and Chris Pogson

Advertising: Jane Meaden

BOARD OF MANAGEMENT

Chairs *ex-officio* of the Parish Council and Parochial Church Council

We are grateful to the above organisations for their financial support

We are happy to accept contributions in any electronic form. Our preference is for Microsoft Word with 14 point Arial font and margins set at 1.5cm all round, although anything that can be converted into this is acceptable. Advertisements should be in a form compatible with PC software. Please note that the views expressed in this magazine are those of the contributors and not necessarily those of the Editorial Team or Board of Management. Every care has been taken in trying to provide accurate information, particularly in the Diary, the Directory, on Local Services and bus times. We apologise if any errors creep in; please let us know if you do find any so that they can be amended for next time.

The Over Kellet View is published every month (except January and August) and distributed to all residents within the parish of Over Kellet. It is also to be seen on the village web-site (www.overkellet.org) in a colour version. We are grateful to the webmaster, Gordon Galloway for his expert help.

©2015 Over Kellet View
Meadowbank House, Craggs Hill
OKView@overkellet.org



Front Cover: *Boxing hares*, by kind permission of Stephen Durrant

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THE MARCH VIEW

We try to include details of events two months in advance in each issue of the OK View. So this month, even though it is still mid-February as I write, it is time to include the date for clocks to go forward—a personal stimulus to think of longer evenings coming. And of an election seemingly far off but rapidly approaching. There was recently an Electoral Registration Day but it is far from being too late to register. If you have not already registered to vote, think seriously about doing so. Just go to www.gov.uk/register-to-vote or ask at the Town Hall in Dalton Square.

Some of us like the act of voting in person at a Polling Station, but it is not always so easy for all, because of weather, transport problems, long hours at work or holidays. Now is the time to apply for postal votes—anyone can do this up to 15 days before polling; you do not have to have a reason. The voting forms come to you in the post some time before the election, give you time to consider and are then returned by post (free). You can obtain full details by going to the Town Hall or on the web at

www.aboutmyvote.co.uk/register-to-vote/postal-vote-application



If you are concerned that being on the electoral register may lead to you being approached by third parties, you can apply to have your name removed from the open register—you can still vote but your details remain confidential.

Chris Pogson

ACKNOWLEDGEMENTS

We are very grateful to those who have allowed us to use their photographs in our magazine. This month, we thank both Stephen Durrant for our fantastic cover photo and, as always, Chris Thomas for giving us access to his wonderful collection of bird pictures.

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LETTER FROM THE VICARAGE

St Cuthbert's Church

Over Kellet

March 2015



Dear Friends

THE LONGEST DAY

Recently I watched a video with the above title. It told the story of D-Day. I found it fascinating because my father landed on Sword Beach on 6 June 1944, when 1700 ships carrying landing craft and 176,000 soldiers crossed the English Channel and stormed the beaches of Normandy in the largest sea borne invasion in history. The beaches were each given a code name—GOLD, UTAH, SWORD, JUNO and OMAHA. Despite so many soldiers landing only one received the VC. He was Sergeant Major Stan Hollis of the 6th Battalion, the Green Howards. We honour and thank God for all who were willing to give their lives for our nation. Let us STOP for a few moments and consider another VICTORIOUS CROSS, not on the beaches of Normandy but on a hill called Calvary, the cross on which our Lord Jesus Christ gave HIS life as a sacrifice for your sin and mine, so that anyone who will trust HIM can be forgiven, because HE rose from the dead on the third day and is alive today. Before you dismiss this as a story you have heard from your childhood, please read the words of St. Paul (1.Cor 1:18):

'For the preaching of the cross is to them that perish foolishness, but unto us who are saved it is the power of God'

Which group do you fall into?

Your friends

The Rev. Ken and Sue Clapham

CELEBRATE EASTER AT ST CUTHBERT'S

We invite you and your family to join the celebration of Easter and Worship the Risen Lord Jesus

Good Friday: 10.30am Service of Worship 'WHY THE CROSS'

Easter Day: Share the joy of JESUS IS ALIVE with Holy Communion at 8.45am

Celebrate the greatest three days in HIS-STORY in church at 10.30am (includes Communion).

Easter Home Communion: If you know of ANY parishioner or visitor to our parish who is housebound at home or in hospital and would like Easter Communion, please notify The Rev. Ken on 734189.

Budding Brian Coxs in Over Kellet!

On Thursday 5th February the children came back to school in the dark of the early evening for a special stargazing night. The clouds parted to reveal a large moon and the planet Venus glowing nearby. The Friends of the School organised this special event with quizzes, warming soup and a variety of telescopes brought by Andrew from Lamberts in Lancaster. A raffle was held with a telescope as the star prize which was won by twins Luke and James Harrison. Lucy Nattrass, aged 9, said "I'd never seen the stars so bright before—it was brilliant!"



Governor Morning



In February ten school governors visited school for a special morning of activities. After sharing in worship, the governors split up into different classes to work with the children in their lessons. A quick coffee at playtime and then it was on to another class and different age group for a further session. These regular events enable the governors to have a deeper understanding of the day-to-day workings of the school as well as a chance to meet staff and parents.

Children's University

The older pupils have joined the Children's University. This is a national organisation that encourages children and young people to learn beyond the classroom. Every pupil from Years 5 and 6 has their own passport. They collect stamps not only for visiting a 'learning destination'—such as the Judges' Lodgings in Lancaster—but also for attending clubs that help them develop a skill. We have registered our extra-curricular clubs, such as choir and gym club, so that the children can gain stamps for these as well. If they collect 30 hours of accredited out-of-school learning before June, then they will attend a mini graduation at Lancaster University. Watch out for photos of Over Kellet pupils in caps and gowns!



Springtime Sporting Events

This term is packed with sporting events. We are sending teams to compete against other small schools in the Lune Valley playing in soccer, netball and tag rugby matches. We are also doing well in a local indoor athletics competition, with our javelin shots being particular winners. At the request of the school council, Team Theme ran an inter-house football tournament for both infants and juniors; this was most energetic, both in terms of running around and cheering on their house!



Jo Williams
Headteacher

PARISH COUNCIL—FEBRUARY

Accounts—Under new regulations, effective in 2017, parish councils with smaller turnovers will no longer be required to have their accounts audited. They will be required, however, to make their accounts available so that parishioners can see them.

Best Kept Village—Councillors discussed whether or not to be involved this year. Because the criteria had changed and were not favourable to Over Kellet, it was decided not to enter.

Birkland Barrow—The Planning Inspector visited the site, various viewpoints and houses affected on 22 January. Cllr Crewdson and others attended, but the process did not permit any comments to be made to the Inspector. The result was awaited; it was pointed out that no appeal is allowed.

Lengthsman—Mike Ashton was currently involved in a general tidy-up. It was noted that the village green had suffered yet more damage to its verges, with the worst being near the Old Vicarage on the east side. This will be attended to once the frosty weather is over.

Road safety—Cllr Atkins raised the matter of the flooding on Capernwray Road (at the foot of Hall Garth Gardens), where storm water causes problems for a number of houses. This was noted for action. The clerk also said that he had written to Highways again about the flooding around Junction 35 but still had had no answer.

Christmas Tree—A total of £40.53 had been collected towards the cost of the tree. Councillors expressed their appreciation.

Budget—City Cllr Roger Mace said that the Council Tax will increase by 1.99%. Although this will amount to a gain of £153k, Cllr Mace's opinion is that the loss of a government grant of £95k means that the actual gain will be much lower than the income from residents.

The full minutes of these meetings are available at www.overkellet.org and on display on village notice boards. Next month's meeting will take place on Tuesday 10 March at 7.15pm at Wilson's Endowed C of E School. All Parish Council meetings are open to the public.

Chris Pogson

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The result of the draw for January was:

1 st (£25)	Mr A Rigby (188)
2 nd (£15)	Dr R Haley (24)
3 rd (£10)	Mrs A Cullinan (115)

Congratulations to all our winners.

There are still a few numbers left for which we have no subscriptions. If you would like an extra number please do get in touch—double your chances of winning!

New subscribers also welcome. You can join anytime during the year so don't need to wait until the start of a new one. We would be very pleased to hear from you. And, as always, if you feel you could help in any way please contact any of the collectors or the editors, or send an Email to OKView@overkellet.org

Liz Brewster

VILLAGE WEBSITE

The village website is at www.overkellet.org (or just Google 'Over Kellet' and click on the link near the top). Then click on the right-hand side of the top page to go to the OK View link. There you can see the magazine in glorious colour and click on the links for direct connections. There is also an archive of previous issues. Look on the website also if you want a new email address such as 'yourname@overkellet.org'—short and easy for you and your friends to remember!



NEARLY NEW SALE
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10 – 11.30am

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Tea, coffee and cakes available

Please drop off items to sell on Friday, 13th March from 7 – 9pm.
(75% to vendor / 25% to Playgroup.)

Only clean, good-quality clothing will be accepted.

*All enquiries please contact: Kara on 07803 094 864
or e-mail contact@overkelletplaygroup.co.uk*

Please come and support Over Kellet Playgroup!

NATURE NOTES

The Wildfowl Trust organizes a monthly count of herons, gulls, ducks, coot and wading birds throughout the country. In this immediate area the sites involved are the pool near the television mast, Hare Tarn, Dockacres and Borwick Lake. The counts were high in the past but are now very much smaller than they used to be.

Black-backed Gull



The edges of the pool near the television mast must have been built up so that the water-birds cannot now easily walk out of the water. There used to be good numbers of widgeon, coot, mallard and tufted ducks but there are now only one or two. Hare Tarn is much as it was except that it dries up much more frequently in dry weather. The biggest change is at Dockacres. Originally it was a single large lake with two small ones. Before the weekend the local farmers used to

put in grain for the ducks so that there were plenty of birds to shoot on a Saturday—there being no shooting on Sundays in Lancashire. There was a large roost of black-headed gulls (photo) on the small island. These birds have moved to the small lake at Tewitfield between the A6 and the road to Burton-in-Kendal. Chalets are now being built around this site so it will be less suitable for the gulls.

There is a seasonal lake on the east side of the A6 next to Rogerson's depot and this sometimes attracts good numbers of wildfowl and waders. Pine Lake is big enough so that boating and fishing do not disturb the swans, ducks and coot enough for them to leave.

The count is also made round Morecambe Bay which is not easy to do except at high tide!

Andrew Cadman

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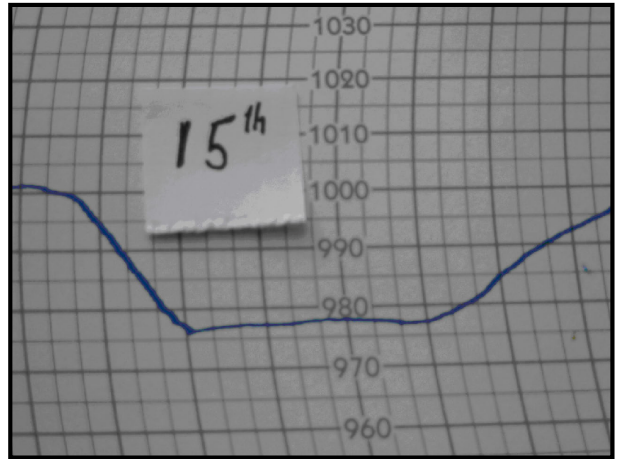
WEATHER DATA FOR JANUARY 2015

The Portuguese have a saying “January blossoms fill no man’s cellar”. If the Portuguese had experienced the winds we have endured this month there would be no blossom or leaves on the trees. Last month’s article showed a barometer chart illustrating the sharp fall in pressure with the passing of a weather front. On that occasion it took the front about 6h to pass (each vertical line spacing represents 2h). The reader will see from the chart below that, on the 15th, a front took some 18h to pass—during that time the wind gusted to 74mph (Force 11).

I think I should explain the phrase ‘24h period’: I take my weather observations daily at 9am. so the weather data collected runs until 9am the next day.

During the month we had 21 sun days and 10 no-sun days, giving a monthly total of 47 sun hours, just above the 10-year average of 46.1h. The sunniest day was the 31st with 6h, but the warmest day was the 1st with 11.9°C (53.4°F). The coldest night was that of the 18th when the temperature fell to -3.3°C (26°F). In the month we had 24 rain days and 7 no-rain days, giving a total rainfall of 118mm (above the 10-year average of 97mm); the wettest 24h period was over the 7th/8th with 17mm.

Looking back over the above data, I appear to concentrate most of my comments on the windy conditions in the village—my weather diary for January does, however, focus on the instability of the atmosphere.



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OVER KELLET NEIGHBOURHOOD WATCH

Your local NHW team hope that you had a good Christmas and New Year break. Unfortunately Over Kellet and Arkholme have experienced some break-ins—two in our village involving outhouses and thefts of some items. The police are especially concerned with this type of crime at the moment and have also issued advice about what we might do to protect ourselves from casual intrusions:



Use good quality padlocks with covers so they cannot be easily cut off;
Never leave tools or ladders lying around the garden;
Make sure that side gates and sheds are locked and keep boundary fences, walls and gates in good repair;
Take photographs of valuable property;
Mark your property—by etching, with UV pens, etc.
For larger items, take photographs and note serial, chassis and model numbers.

'Frost-jacking': An increasing type of car crime, this is when owners (apparently almost half of us!) leave their cars outside with the engines running on cold mornings, and the casual thief nips in quickly. The remedy is obvious enough, so be careful. Not only can your car be stolen but also your insurer will probably refuse to meet any claims; read the small print.

Another time to watch out is when you go to pay for fuel or to buy items in the shop at a filling station—lock your car while you do this.

Parcel deliveries: At this time of year many of us receive parcels through a delivery service. Unfortunately parcel scams are becoming increasingly common. The purchaser (the 'victim') pays, often using a reputable payment protection service. A few days later, the recorded delivery is signed for, but the parcel is then found to be empty or to contain another item. Of course, it is difficult to complain when the parcel has been signed for. Always check before signing!

Energy-saving home improvements: These have become popular because of possible grants. As so often, however, conmen have been using this opportunity for their own ends. They have been making cold-calls, by phone or in person, offering insulation, double glazing or heating. They often suggest that the work may be paid for by grants. In one instance a consumer received a 'free' gas boiler having paid £275 for the survey and fitting. Great, until the consumer realised that he had signed an agreement to pay an additional £1.40 per day for over ten years (not much? – actually over £5000). Other consumers tell of paying nearly £300 up front for the survey and then hearing nothing from the so-called trader. Never agree to a proposal unless you are sure about what costs are involved. Even better, find out about initiatives such as Green Deal and other grants from <https://www.gov.uk/green-deal-energy-saving-measures/overview> or contact Lancaster Citizens' Advice Bureau at 87 King Street, Lancaster LA1 1RH (tel 400400).

Dog-fouling: Being in a rural area, Over Kellet is a great place for owning a dog, and many of our residents have taken advantage of this. It is a pleasure to see so many well-looked-after dogs being exercised every day. The great majority of owners are public-spirited and carry plastic bags (or the equivalent) to pick up any mess from their dogs. Unfortunately, there have recently been comments that dog-fouling is on the increase in our village, especially around the Craggs and at the top of Cocket Hill. Please do clean up after your dog, whether on public or private land, tarmac or grass—anywhere where others, especially children, may go. Dog fouling is unpleasant, a health hazard and against the law. If you happen to see a dog walker not cleaning up, perhaps a brief word would be in order?

Chris Pogson

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DON'T FORGET

British Summer Time starts at 2.00am on Sunday 29th March. You lose an hour's sleep that night as the clocks go **forward** one hour.



THE DIARY

Regular Weekly Events

SUNDAYS		
0845	Every Week	Holy Communion
1030	Mar 1, 29	All Age Worship & Sunday School
1030	Apr 3 (Good Friday)	Service of Worship 'WHY THE CROSS'
1030	Apr 5 (Easter Day)	Family Worship with Communion
1030	Mar 8; Apr 12	Morning Worship
1030	Mar 15; Apr 19	Morning Worship with Communion
1030	Mar 22	Morning Worship, Methodist preacher
MONDAYS		
0900	Weekly (not Mar 30; Apr 6)	Playgroup 2–4 Years
1330	Weekly	Indoor Bowls
1930	Weekly	Scottish Dancing
TUESDAYS		
0900	Weekly (not Mar 31; Apr 7)	Playgroup 2–4 Years
0900	Weekly (Schooldays only)	Playgroup-Toddlers (School)
1400	Weekly	Short Tennis
WEDNESDAYS		
0900	Weekly (not Apr 1, 8)	Playgroup 2–4 Years
1400	Mar 11, 25; Apr 8, 22	Galloways Society
1930	Weekly (not Mar 4)	Church Bible Study
2000	Weekly	Badminton
THURSDAYS		
0900	Weekly (not Apr 2, 9)	Playgroup 2–4 Years
1930	Mar 12; Apr 9, 30	WI
FRIDAYS		
0900	Weekly (not Apr 3, 10)	Playgroup 2–4 Years
1900	Weekly (not Mar 27; Apr 17)	Fitness Class



REFUSE COLLECTION IN MARCH AND APRIL

Grey bin: March 9, 23; April 7, 20

Green bin and recycling boxes: March 2, 16, 30
April 13, 27



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MARCH			
Sunday	1	1330	Village Walk—Buckshaw Brow
Friday	6	1400	Women's World Day of Prayer
Tuesday	10	1915	Parish Council Meeting (School)
Wednesday	11	0900	Walking Group—Muker
Thursday	12	1930	WI Meeting—Talk by Mr Ian Potts 'Humorous Incidents in a Musical Career'
Friday	20	1930	Kellets Twinning Association—Fashion Show (Nether Kellet Village Hall)
Friday	27	1930	RSPB Talk by Peter Smith 'Seagulls to Eagles' (£2 donation)
APRIL			
Sunday	5	1330	Village Walk—Inglewhite
Thursday	9	1930	WI Meeting—Talk about The Samaritans
Tuesday	14	1915	Parish Council Meeting (School)
Wednesday	15	0900	Walking Group—Hindburn Bridge
Friday	17	1930	Horticultural Society—Talk by Tom Attwood 'Propagation – Tom's Top Tips for Success'

All events take place in the Village Hall unless otherwise stated

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STARS IN OUR VILLAGE

Last month I talked about a very special young girl in the village. This month I would like to highlight a very special lady and her family. Most of you will know the local Stephenson family, their business highlighted in last month's OK View. What may not be widely known though is Marie Stephenson's brave and unselfish gift to her son John.

John was born with congenital nephrotic syndrome. This is a condition caused by a chromosomal abnormality which leads to impaired kidney function. The kidneys do not filter properly so that protein is lost in the urine and the body retains fluid. Untreated, this can lead to an early death.

This was brought home to Mike and Marie one morning when they went in the little boy's room to find him blue, still and mottled. To quote Marie, "We thought the worst and it was only when Mike picked him up to say goodbye that the fluid shifted and he took a breath. We dialled 999 and he was rushed to hospital".

From then on Marie and Mike began a round of hospitals, tests and treatments. Every day they took John to Lancaster infirmary for albumin replacement therapy until he was nine months old.

The couple were eventually shown how to do the albumin replacement therapy at home (the first ever in this country) and that, plus kidney dialysis, became their routine for the next two and a half years. When it became apparent that John's kidneys were never going to improve, the decision was taken to remove both kidneys and search for a kidney donor. Marie proved to be an almost perfect match.

So at just three years old, John had his kidneys removed and received a transplant of one of his mother's kidneys.

That was in the summer of 2014 and John is now thriving and off all his treatments.

Marie laughs at the suggestion that it was a courageous thing to do. "I was back at work in two weeks" she says "and I felt fine".

Well, I for one think it was an amazing thing to do and I'm sure you'll all join me in wishing the pair of them a wonderful, happy and healthy future.

Mike and Marie are running the London Marathon on 26 April in aid of kidney transplants. If you would like to sponsor them you can do so by giving directly to Mike or Marie at the farm, or fill in a sponsorship form (in the village shop).

Sponsorship is open until March 23rd 2015 but of course any monies collected after that date will still be accepted and gratefully received.

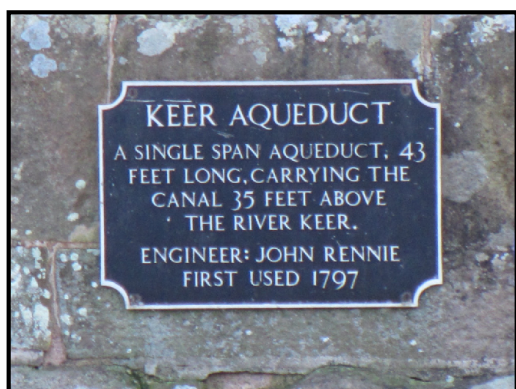
Liz Brewster

COVER PICTURES

We are always looking for photographs to feature on our front cover. Photographs of local scenes, flora or wildlife are especially welcome and all will be credited in the magazine. Please send your pictures to okview@overkellet.org

THE RIVER KEER

The River Keer forms a considerable part of the northern boundary of this parish but we generally see little of it. It rises on Docker Moor and runs for just over 4km to the sea, the last part passing under the A6 just south of the Truckhaven roundabout (hence the name of the Household waste site as 'Keer Bridge') and flowing between Carnforth and Millhead through an extensive saltmarsh. It is one of the five rivers that supply Morecambe Bay, the others being the Kent, Leven, Lune and Wyre. It contributes to the boundary between Lancashire and Westmoreland, now politically part of Cumbria. The Keer enters Over Kellet parish just north-east of Capernwray Hall and defines the edge of the park land owned by the Hall. There is another 'Keer bridge' where the river flows under the Capernwray to Borwick road. Later on in Capernwray, near New England, the Keer is crossed by an aqueduct carrying the Lancaster Canal. The eminent engineer John Rennie, who designed the whole Canal including this aqueduct. He was also responsible for the Crinan Canal in Scotland and Waterloo, London and Southwark bridges. Shortly after this the Keer passes under the Carnforth to Skipton railway viaduct (1860) and the adjacent pack-horse bridge (photo). This bridge may well have still been in use at the time when Capernwray was a junction for a short arm of the Lancaster canal—known as 'Lovers' Creek'—leading to Webber Quay and Limestone Quarries. It might also have seen the carriage of '1lb of cummin per year', this being the mediaeval rent charged by Lord Monteagle of Hornby for the manor of Capernwray. The last 'Keer bridge' in Over Kellet is in Kellet Lane, 800m north of the more obvious Kellet Lane Bridge over the Canal.



In times gone past, the Keer was navigable by small ships, strange though that may seem to us nowadays. It also (like the larger River Kent) had a bore, called the 'Eager'. Until recent years the Keer was highly regarded by fishermen for its prolific sea trout population, as well as salmon and eels. After the 70s the quality of the water worsened because of agricultural pollution and the numbers of migratory fish declined disastrously. Recently, however, the

Environment Agency has completed a major River Keer Regeneration Project and fish (and otters) are beginning to come back.

If you have ever wondered about the name 'Carnforth', it is reputed to come from Kerne (an old name for the River Keer) and Forde (a river crossing). There are other possible derivations, but I like this one!

Chris Pogson

AN IMPORTANT MESSAGE FOR DOG (AND CAT)-OWNERS

There has been a rapid increase in abortions in cattle in our area with more than 20% of farms being affected. Virtually all of these are due to an infection caused by a protozoan parasite called *Neospora caninum*. This organism has a complicated life history, involving dogs as one host and cattle as the other. The life cycle starts in dogs with the *Neospora* eggs appearing in the faeces. The eggs lie on the ground or among plants and may also spread by wind and water. They have a high resistance to physical stress and may survive for months. Cows then ingest the grass and



become infected allowing the parasite to develop to its second stage. The parasite passes to the developing foetus and often causes abortion. Surviving calves may have no symptoms but are infected and can pass the parasite on to their offspring. Dogs are infected by eating infected cow-meat—more commonly than you might think (remember the horse-meat episode?). And so the life-cycle is complete.

Work continues to develop an effective vaccine but at present there is no treatment for cows. Prevention is best achieved by breaking the cycle through removal of dog faeces from any area where cattle may be, whether in fields or along country lanes. Please do what you can to help by using your plastic bags—even well away from human habitation.

If you are concerned about any effect on your dog(s), don't worry; the infection is usually undetectable. Young puppies can, however, contract the infection from their mother. If you see any paralysis in a puppy's legs, see your vet who may be able to treat the disease. Because up to one sixth of all dogs in the UK may carry the parasite, you might like to be cautious about giving your pet raw beef.

Neospora was until recently thought to be the same organism as *Toxoplasma gondi* but it is now known that they are distinct although related. One difference is that the primary host of *Toxoplasma* is a member of the cat family—in our case, the domestic cat. Although humans are readily infected (up to 30% of us are already), there are generally no symptoms. The exceptions are pregnant women and anyone whose resistance is low (cancer patients undergoing therapy, etc.). Both of these groups should keep well away from cat litter and any place frequented by cats. Abortion is frequent in infected sheep but village cats probably rarely come into contact with farm animals.



You might wonder why such complicated life cycles continue to exist. For *Toxoplasma*, the reason seems quite simple although curious. Infected mice show changes in their brains such that their behaviour is permanently altered. 'Permanent' is usually not for very long, however, because the change is that they lose their fear of cats and are therefore readily caught. In this way the parasite looks after itself.

Note: No-one practising good personal hygiene should worry at all.

Chris Pogson

HISTORIC GEMS IN OUR VILLAGE

Plough House and Plough Cottage which stand on the edge of the village green were, once upon a time, one substantial cottage which became a local hostelry. It may have been called The Golden Fleece but there is no firm evidence to substantiate this.

The pub was also a lodging house and had one or two infamous guests. Perhaps the most interesting in 1863 was the village school master Charles Naylor. It was Mr Naylor's habit to drown his sorrows in the company of the head teacher of Bolton-le-Sands school—quite a pair apparently and with similar taste for the demon drink. Eventually Naylor was banished from his lodgings at the Plough Inn. A Dr Gilbert Ainsley, writing from Cambridge to his fellow trustees, said of Naylor that he was “a drunk and unfit to be head of the school”. Nothing was done at the time; presumably because teachers then were hard to come by! However, after losing his lodgings Naylor wrote to the trustees to say that “in consequence of being obliged to leave his lodgings on this 22nd day of December, he could no longer be responsible for his office here”. When he was relieved of his post, the school trustees made him stay until a replacement could be found! He did eventually leave under a cloud, as did his successor who was sacked following ‘scandalous allegations’ (sadly I can't find out what they were). One silver lining, though, was that the trustees did then provide a house for the masters, perhaps in the faint hope that they would be out of temptation.

Quite when the inn became known as The Plough is unclear but in 1881 a James Machel was listed as being Victualler and farmer of The Plough. In front of the inn was a ‘Cow Puddle’ described in documents as being ‘muddy’.

It has to be remembered that the Green was common grazing ground and many animals would be brought to graze and also for safe keeping. An earlier dwelling on the site, along with a gate, helped to form part of a circle. Moorgate led up to the common and Goosegate to the Capernwray road roughly where Well House now stands. The other two gates have no remembered names. What a pity that these old names have been altered and lost in the mists of time.

By 1901 Thomas Birket was landlord at The Plough. By 1913 the house was divided into Plough House and Plough Cottage. Quite when the house ceased to be a hostelry is unclear but I believe it existed as a pub until the beginning of the First World War.

My thanks as ever to Bob Escolme for his time and endless patience. All who know him will be aware of his vast knowledge of the village and its history. Any inaccuracies are mine. However, I can attribute a small minority to his delightful but appalling hand writing!

Liz Brewster

CALLANETICS

Class on Fridays at 9.30am in Burton-in-Kendal Memorial Hall
Contact Lesley Gaulter tel: 07749756992

CORRESPONDENCE

Dear Editors,

The useful article on Icy Roads (p11 in issue 74) set out details of Lancashire County Council (LCC) policy and procedure on road treatment. Readers may not be aware that LCC has a web-site where you can check a wide range of services and how they are provided geographically—including which roads are salted. The link is a little cumbersome to use but here it is:

<http://mario.lancashire.gov.uk/agsmario/default.aspx>

The map of Lancashire takes a moment or two to load. From the menu bar at the top of the map select 'Zoom to point'. Then place your cursor to the east of Carnforth and click. Gradually move the centre of the map to place Over Kellet at the centre of the screen. You can move to north, south, east and west by holding the cursor down and dragging the map in the desired direction. Over Kellet may not show on the map until you have clicked to zoom-in a few times. After perhaps five or six clicks to zoom-in further, your computer screen should show an area of about a square mile centred on Over Kellet. Then, when you have the map of Over Kellet showing, select from the menu on the left side of the screen the service you want to view. To view the road salting routes select 'Highways and Transportation' then 'Precautionary Salt Routes' and the map will then show lines in two colours following the primary (green) and secondary (purple) salting routes. The information panel to the left will state that:

'The Secondary Road Network (the purple-coloured routes) will only be treated during daylight hours when persistent ice or snow are present or forecast to be present, and only once the Priority Road Network (Primary Routes—the green-coloured routes) is maintained clear'.

Locally to Over Kellet, the primary roads are the B6254 and Nether Kellet Road. The secondary roads are Kellet Lane, from The Green to Borwick, and Capernwray Road, from The Green to the Borron Lane/Borwick Road junction.

From personal observation over the last three winters, the secondary routes around Over Kellet are rarely if ever salted.

There are lots of other indicators which can be plotted including road collisions 2008–2013, road works, bus routes, bus stops, etc.

Dr Peter Clinch

 <p>Private Clinic & Home Visits Mobile: 07725 300290 Home: 01524 730179</p>	<p>Carol M Sedgwick BSc (Hons), HCPC, MScPod</p> <p>Chiropody/Podiatry Treatments Member of the Health & Care Profession Council</p>  <p><i>'Your wellbeing comes first'</i></p>
<p>carol@carnforthchiropodist.co.uk www.carnforthchiropodist.co.uk</p>	

OK VIEW – 5 YEARS AGO

Results from the Parish Plan survey were published. The OK View was reported as being the main source of information about village events; speeding in the Village was a great concern and parked cars were causing an obstruction to pedestrians and road users alike.

The neighbourhood policing team provided an article on dog fouling.

A rare bittern was spotted on the canal towpath near Kellet Bridge.



Year 6 Lewis Boow won an RHS merit award for his picture of Sadie the dog sitting on a garden chair.

FAMILY ANNOUNCEMENTS

For free announcements of engagements, marriages, births and deaths contact the OK View at okview@overkellet.org



Versatile Clinic
Lyne Riggs Estate, Lancaster Rd,
Carnforth, Lancashire. LA5 9HY
01524 733033 or 01524 426964

Due to the popularity of our Yoga and Pilates classes we have extended our timetable

Pilates

Monday 3.30 till 4.30pm with Anna

Monday 4.45 till 5.45pm with Anna

Tuesday 5.30 till 6.30 with Julia

Tuesday 7 till 8pm with Anna

Thursday 6.15 till 7.15pm With Briony

First 6 week block £56.00, this includes half hour 1:1
£42 each following 6 week block.

Yoga

Wednesday 11 till 12.30pm with Sue Garner

Suitable for all levels of experience and ability. Gentle energising movement breathing and guided relaxation

Wednesday 7 till 8.30pm with Pam Johnson

£45 for a six week block.

£8.50 drop in Wednesday 11 am class only!

Sam Watson
5 Longtons Cottages
Over Kellet
Carnforth
LA6 1DB

01524 745309
07789 901329
info@wood4thetrees.com
www.wood4thetrees.com

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CAN YOU HELP?

St Wilfrid's Hall Nursing Home in Halton has started a project to help trigger the memories of residents with dementia. Julie Evans, the project coordinator, has converted its unused library into a 1930s/40s living room and wants to furnish it with pictures, magazines, a radio, crockery and other everyday items from those days. Residents can then have tea in the room and reminisce about times long past.

If you have anything which you could donate to St Wilfrid's to help the project, please contact them on 811229 or e-mail stwilfrids@caring-homes.org. Items from the 1950s of interest for less elderly residents will also be gratefully received.

OVER KELLET'S SUPPORT FOR THE FOODBANK

The Morecambe Bay Foodbank says a big thank you for the consistent and generous support given by the village since the start-up in 2012. The dedicated team of volunteers who operate the foodbank have together built an efficient system for receiving and sorting donated food, and for packaging and then distributing it from the GYM Methodist Church on Green Street in Poulton. In 2014 they gave out 1632 emergency food parcels. The parcels contain enough food for three meals per day for three days, and provide a lifeline to people who find themselves in an income crisis and in dire need. The short-term food assistance and the contact with other collaborating agencies that the foodbank provides for the individuals and families referred to them, provides a window of opportunity for addressing the varied and complex problems specific to each. No-one really wants to use a foodbank unless it is absolutely necessary—but when the need does arise, the existence of such a facility is truly a blessing. We are happy to continue collating donations made to the boxes in St Cuthbert's Church, Wilson's Endowed School, and the village shop, or given directly to us, and to transport them to the distribution point in Green Street.

The Foodbank is currently very short of pasta sauce, tinned fruit and tinned meat/fish. Other items welcomed are: milk (UHT or powdered); fruit juice (cartons); sugar (500g); soup; sponge puddings (tinned); cereals; rice pudding (tinned); tea bags/instant coffee; instant mashed potato; tinned vegetables; jam; biscuits or snack bars.

Susan Johnson and Jenny Armer

OVER KELLET VILLAGE POST OFFICE AND STORE
CRAIG & TRACY BURNS, TEL 733207



Newspapers	Magazines
Fresh produce	Groceries
Wines & Spirits	Snacks
Sweets	Chocolates
Stationery (cards, maps, guides)	

All these and more in your local shop

Open:
7am to 5.30pm (Monday to Friday)
7am to 1pm (Sat), 9am to 12.30pm (Sun)

Post Office:
9am to 5.30pm (Monday to Friday)
9am to 12.30pm (Saturday)

PARISH COUNCIL ELECTIONS 7 MAY 2015

Very soon Lancaster City Council will tell us about the arrangements for the above. If you might be interested in standing for election as a Parish Councillor, please look out for information on the parish council notice-board outside the shop.

The role is often a rewarding one although, with the limited powers extended to parish councils, it can at times be frustrating. Prospective candidates should have a sympathetic ear to concerns raised by residents of the village. It is a purely voluntary role—a list of the criteria can be obtained from me.

Councillors are expected to attend Parish Council Meetings on the second Tuesday of each month except of August. Meetings commence at 7.15pm and are usually over by 8.45pm.

You can obtain information from any of the existing councillors (names, etc., on the back cover), from me or from the parish council notice-board.

Michael Watson, Parish Clerk

VILLAGE HALL GARDEN

Part of the garden is getting overgrown with brambles, etc. If you like cutting things and are free on Saturday, March 7 from 10am to noon, please join our working party. All tools and gloves provided.

PRIVATE TUITION

KS2 + KS3

Mathematics

and

Verbal Reasoning Skills

1 Hour sessions in your own home

Retired Local Deputy Headteacher

07933 826 728

WHAT'S ON

What's coming up in March?



THEATRE:

From Tuesday 24th to Saturday 28th you can catch **Octagon Theatre** and **Oldham Coliseum Theatre** at **The Duke's** on their national tour in Stanley Houghton's 1912 play **Hindle Wakes** directed by David Thacker. It's set at the end of the Wakes' weekend in the fictitious mill town of Hindle in Lancashire, just before the outbreak of the First World War. It is emotionally rich, funny, compelling and extraordinarily authentic in its depiction of Lancashire life at that time. It was one of the first plays to have a working class female central character and was hugely controversial, championing the role of women as they embarked on a new era of independence and freedom. All details of times and performances can be found on their website www.dukes-lancaster.org or at the Box Office: 01524 598500.

Shylock has always divided opinion. Is he a villain, a victim, or someone even more intriguing? In a poignant, powerful yet humorous performance, **Guy Masterson** honours one of Shakespeare's finest creations from one of his greatest plays – **Friday, 27th** at 7.30pm at **The Heron**. You can choose and book your seats on-line at www.theherontheatre.com

BALLET:

See the **Royal Ballet** live by satellite at the **Reel Cinema Morecambe** and experience the opulence of 1890s Russia in this exquisite production of Tchaikovsky's greatest romantic ballet, **Swan Lake**. A prompt start at 7.15pm on Tuesday 17th. Phone: 01524 413935 for more information.

MUSIC:

Heritage Opera presents **La Traviata** on Wednesday 18th at **The Grand** at 7.30pm. Popular regulars, they return with their fully professional cast of talented singers and accompanied by a six-piece musical ensemble (sung in Italian with subtitles displayed on stage). Box Office: 01524 64695 or www.lancastergrand.co.uk

If joining in is what you fancy then why not try the **Sing-a-Long Sound of Music**, also at **The Grand**, on Friday 20th at 7.30pm. With the screening of the Julie Andrews film musical in glorious full-screen Technicolor, subtitles so that everybody can sing along, a host and a free fun pack, everyone can experience being a star!

Kimber's Men are at **The Heron** on Saturday 21st at 7.30pm. They have been **Singing Up a Storm** since 2001 specialising in maritime material—shanties, nautical ballads and broadsides, to modern songs of the sea. You can choose and book your seats on-line at www.theherontheatre.com

On **Saturday 28th at 7.30pm** in **Lancaster Priory** there is a performance of **Chilcott's The St John Passion**. This is a new and beautiful setting of Christ's Passion, written by contemporary composer Bob Chilcott and performed by the Lancaster Singers under their new Director, Duncan Lloyd. See their website for more details—www.lancasterpriory.org

LOCAL SERVICES

OVER KELLET

Village store and Post Office, The Green	733207
<i>Last post collections: weekdays 1700, Saturday 1100</i>	
The Eagle's Head Public House, Nether Kellet Road	732457
Mobile fishmonger, David Goldspink, Wednesdays 0900-1100	07706 585933
Mobile library Thursdays— March 12, April 2, 23	0300 123 6703

CARNFORTH

Doctors	Ashtrees Surgery, Market Street	720000
	Out of Hours Service	111
	Park View Surgery, 21 New Street	732830
	Out of Hours Service, CHOC	03000 247 247
Dentists	Anne King, Council Buildings	733867
	Viva Dental, 29 Market Street	735431
Pharmacies	Boots Pharmacy, 24 Market Street	732955
	Ashtrees Pharmacy, Market Street	727877
Vets	Alison Lee, 2 Queen Street	735249
	Burch Tree Vets, 39 Lancaster Road	720002
Opticians	Philip Jones, 15 Market Street	730055
	S & K Butterfield, 46c Market Street	732724
Library	Lancaster Road (Mon, Wed & Fri 0930-1300 & 1400-1800; Tues & Sat 0930-1300)	0300 123 6703

BUS TIMES: OVER KELLET TO LANCASTER

(Note that these are a guide only—do check!)

Route 55A via Carnforth (journey time approx. 40min; *Sch* = schooldays)

Depart OK: Mon-Fri: 0719, 0733 (*Sch*), 0747, 1605 (*Sch*), 1650, 1735

Depart Lancaster: Mon-Fri: 1520 (*Sch*), 1610, 1655

Route 51 from OK Green via Village Hall & Nether Kellet (journey time 22min)

Depart OK: Mon-Fri: 0919, 0939 then hourly to 1539 (*not Sch*),
1826, 1913, 2038, 2138, 2338

Saturday: As above but with 0839 instead of 0919.

Sunday: 0938, 1138, 1338, 1538, 1738, 1938, 2138, 2338

Depart Lancaster: Mon-Fri: 0910, hourly to 1410, 1510 (*not schooldays*),
1740, 1910, 2010, 2210, 2400 (Fri only, rly stn)

Saturday: As above but with the addition of 0810 & 1613

Sunday: 1010, 1210, 1410, 1610, 1810, 2010, 2210

BUS TIMES: OVER KELLET TO CARNFORTH (journey time 10min)

This service is **Route 51** above with the bus from Lancaster travelling on to Carnforth after Over Kellet, so **add 22min** to the departure time from Lancaster to get the departure time from Over Kellet. Similarly **subtract 10min** from the Over Kellet departure time for Lancaster, to get the departure time from Carnforth. See also **Route 55/55A** above which goes to and from Lancaster via Carnforth.

OVER KELLET DIRECTORY

LOCAL AUTHORITY REPRESENTATIVES

COUNTY COUNCIL

Councillor Susie Charles 751200
The Stables, Ellel Grange, Lancaster

DISTRICT COUNCIL

Councillor Roger Mace 733801
Downderry, Halton Rd, Nether Kellet

www.maceonline.co.uk

PARISH COUNCIL

Meet at 7.15pm on 2nd. Tuesday of month

Chairman John Crewdson 735028

Vice Chair Graham Agnew 733407

Steven Atkins 720605

Margaret Fowler 720578

Rebecca Lauder 733084

Nick Ward 733947

Clerk Michael Watson 734624

12, Ashmeadow Rd, Nether Kellet

mjow.nkc@zen.co.uk

NEIGHBOURHOOD WATCH

Police Station, Lancaster 101

PCSO Paul Shepherd

Paul.Shepherd@lancashire.pnn.police.uk

PC Linda Head, Community Beat Manager

carforth.npt@lancashire.pnn.police.uk

Coordinator Chris Pogson 732892

Asst.Coordinator Alison Lloyd Williams 734363

Area Coordinators:

Central Rex Woolstencroft 733965

Kirklands Tony Wells 733848

Western Bev Carling 736393

Eastern Jane Meaden 732456

Far Eastern Chris Pogson 732892

Northern Eric Greenough 734479

Southern Alison Harper 734372

Northeast Ray Garlick 730667

Capernwray Ken Aldred 07786803235

QUARRIES LIAISON OFFICER

Nick Ward 733947

FOOTPATHS and TREE OFFICER

Ron Oswald 736523

PARISH LENGTHSMAN

Mike Ashton - report problems to Cllr Fowler

St. CUTHBERT'S CHURCH

Vicar Ken Clapham 734189

Treasurer John Glaister 733606

Secretary Amanda Morris 734246

Lay Reader Alan Hutchings 701095

Church Warden Joan Shaw 736503

Church Warden Mike Morris 734246

VILLAGE SCHOOL

Headmistress Jo Williams 732097

VILLAGE HALL

Chairman Chris Pogson 732892

Secretary Liz Brewster 733877

Treasurer Helen Thomas 735504

Bookings Sec. Lesley Gee 07754850532

Licensee Liz Brewster 733877

Maintenance Helen Thomas 735504

WI Sylvia Cooper 733524

Bowls Lindsay Angus 734964

Parish Council John Crewdson 735028

OKDHS Mike Bater 732380

Church Lindsay Angus 734964

Playgroup Rachel Metcalfe 07884171920

Organisers of Activities

Badminton Geoff Fretwell 736771

Blind Welfare Sheila Roseman 850875

Bowls Lindsay Angus 734964

Scottish Dancing Maureen Haynes 733431

Short Tennis Joan Shaw 736503

THOMAS WITHERS CHARITY

Secretary David Mills 732194

OK & DISTRICT HORTICULTURAL SOCIETY

Chairman Arie Klijn 727692

Secretary Kath Escolme 732246

Treasurer Margaret Garlick 730667

WOMENS INSTITUTE

Joint Presidents Christine Bolton 735030

Sylvia Cooper 733524

Secretary Lindsay Angus 734964

Treasurer Sheila Cooper 733787

WALKING GROUP

Contacts: David Hasted 733039

Ron/Lorna Oswald 736523

PLAYGROUP

Leader Jackie Bassinder 730904

TWINNING ASSOCIATION

Chairman: Frank Simpson 732323

COMPUTING OK WEBSITE:

[www. overkellet.org](http://www.overkellet.org)

Updated info. to: Gordon Galloway 720872

OK VIEW

okview@overkellet.org

Editors Liz Brewster 733877

Angela Huck 733784

Chris Pogson 732892

Advertising Jane Meadon 732456

200 Club Liz Brewster 733877

EAGLE'S HEAD PUB

Gary & Helena Torch 732457

VILLAGE STORE AND POST OFFICE

Craig & Tracy Burns 733207