## **2017 Calendar of Talks**

6<sup>th</sup> January – Professor Christine Milligan (Centre for Ageing Research, Lancaster University): Current Research into Ageing at Lancaster University

3<sup>rd</sup> February – Steven McKiernan (Progress Lifeline): Personal alarms, remote monitoring and emergency home response service for independent living

3<sup>rd</sup> March – Steve Turner (Lancashire Fire and Rescue): Raising awareness of the dangers of fire, and how to improve safety in the home

7<sup>th</sup> April – Gary Rycroft (Joseph A. Jones & Co Solicitors): Advance Care Planning: What do you want and where do you want it?

5<sup>th</sup> May – Anne Oliver & Shirley Child (Age UK): What Age UK can do for you!

2<sup>nd</sup> June – Maddy Bass (St John's Hospice): The Role of St John's Hospice

7<sup>th</sup> July – Dr Penny Foulds (MAC Clinical Research & Lancaster University): How to find out about, and get involved in local dementia research!

4th August – Ann Marsh (Alzheimer's Society): The Alzheimer's Society's: New Deal on Support!

1st September - Nia Coleman (Galloway's): Galloway's - Support through sight loss

6<sup>th</sup> October – Suzanne Hanson (N-Compass): Support for individuals who provide care for people with dementia

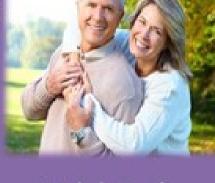
3<sup>rd</sup> November – Karen Burrow (CQC Inspector): The role of the Care Quality Commission: Driving up standards in care

1<sup>st</sup> December – Gil Graystone (The Dukes Theatre): A Life More Ordinary: giving people living with dementia greater access to leisure and cultural opportunities

For more information or to get in touch visit: www.thebaydementiahub.org

If you are affected by dementia or womied about your memory, come and find local information in one friendly place.

## The Bay Dementia Hub



St John's Hospice, Lancaster, LA2 6ST

First Friday of every month. 1.30pm - 3.30pm

'A chance to chat and have a cup of tea in a relaxed setting'

## We will aim to provide support from:

- Specialised dementia nurses
- Lawyers/financial planners
- Benefits advisor
- Researchers
- The Alzheimer's Society.
- The NHS Memory Clinic
- Admiral Nurse.
- Bowel and bladder nurse
- Fire Service

- N-Compass for carer support.
- Home Improvement Agency
- Dukes Theatre
- Age UK Lancashire.
- Galloways
- Lancaster City Council Ward Councillor
- Lancashire County Councillor
- People living with dementia and carers
- COC Care Homes advisor
- Assisted Technology

























## **Our service providers**

**Alzheimer's Society:** Siobhan Johnston will offer advice, information and support for anyone who is affected by dementia.

**Age UK Lancashire:** Age UK offer services and support to promote independence, enhance health and well-being.

MAC Clinical Research: Dr Penny Foulds is a researcher representing MAC Clinical Research. She will answer questions about dementia and explain how people can get involved in dementia research.

**Defying Dementia at Lancaster University:** provides information about research happening at the University and opportunities to get involved with the campaign.

**Lancaster City Council:** Councillor Margaret Pattison will provide information and guidance on services provided by Lancaster City Council.

Lancashire County Council: Councillor Lizzi Collinge can help you get in touch with your local elected representatives and explain how they can help you.

**J&J Solicitors:** Gary Rycroft and his colleague Olivia will provide information about legal services for those living with dementia, their family and carers.

**Dementia Action Alliance**: the DAA raise awareness and work with local organisations and the public to improve our community for people living with dementia and their family members.

**N-Compass:** a Dementia Carers Support Worker will offer support and information to help you in your caring role.

**VVV Health Club:** offering advice on the benefits of exercise on mental health.

**Care Quality Commission (CQC)**: Care home advisor giving unbiased advice on choosing a care home.

**South Lakes Carers:** offering advice about care for people with dementia.

**The Dukes:** A Life More Ordinary gives people living with dementia choice, and access to leisure and cultural opportunities at The Dukes.

**UHMBT Nurses**: a team of nurses will offer advice and support about how to stay well and healthy at home, what are the signs of illness and how to avoid a hospital admission, if possible.

**Memory Assessment Centre:** offering information about their service as well as information about how a diagnosis is made and post-diagnosis support.

**Progress Lifeline:** personal alarms and emergency home responses for those who need it and any other assisted technology enquiries.

West End Impact: Philip Blundell is The Hub's Benefits Adviser. He can also provide advice on guiding people through crisis.

**Admiral Nurses:** Lorraine Butterworth offers specialist support, information and advice for the carers of people living with dementia.

**Home Improvements Agency:** helps vulnerable residents who are elderly, disabled or on low income to repair, improve, maintain and adapt their homes.

**Fire Service:** Lancashire Fire and Rescue Service will advise on how to make your home as safe as possible and advise on fire service safety checks.

Galloway's: offering support for the visually impaired.



Dr Penny Foulds and Matron Dianne Smith look forward to welcoming you and your loved ones to The Bay Dementia Hub.

Email: thebaydementiahub@gmail.com

Facebook: www.facebook.com/TheBayDementiaHub

Twitter: @BayDementiaHub